



Active Engagement and a Focus on Hope-Filled Career Exploration

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Social, Economic and Political Challenges

- Globalization
- Technological and Informational Advances
- Demographic Shifts
- Financial Turmoil
- Social and Political Unrest



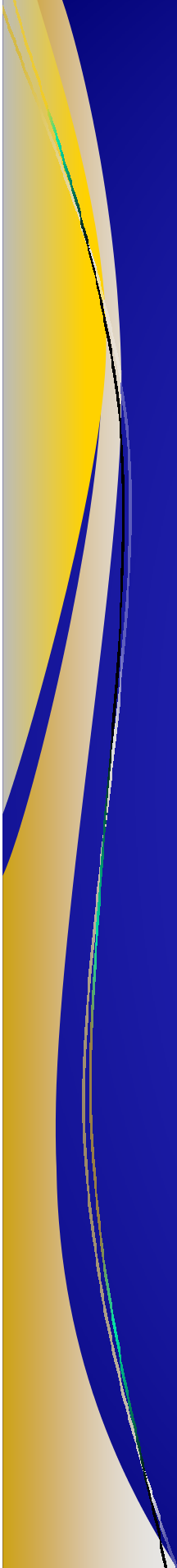
Challenges to Personal and Working Life

- Faster Pace
- Increased Complexity
- Greater Unpredictability



Responding to Challenges

- Imagination
- Flexibility
- Risk taking
- Curiosity
- Team work
- Focused and Inspired effort



People often come forward with a
“*crisis of imagination*”.

What is needed is an approach to helping
that is consistent with the challenge
presented.



Positive Imagination as a Foundation

We all have imagination

Negative imagination can become “worry” and “fear”

Positive imagination creates the possibility of hope



A More Actively Engaged Counselling Approach

- Starting with JOY
- Career guidance through the lifespan
- Holistic (physical, mental, emotional, spiritual)
- Redesigning counselling space and schedules
- Increased attention to cultural sensitivity
- Broader range of strategies (more attention to visual/body movement)
- Strength focused career interventions



The Person is Larger than their Problem

- Don't deny problems but leave room for an exploration of the positive
- Moments of Well Being, Satisfaction and Joy
- Health oriented approach



Creating versus Problem Solving